

INTERGROUP RECOMMENDS THAT THE FOLLOWING BE READ BEFORE EACH MEETING

1. WHATEVER IS SAID IN THE ROOM MUST REMAIN IN THE ROOM. DO NOT DISCUSS ANOTHER MEMBER'S THERAPY OUTSIDE OF THE ROOM.
2. DO NOT ADMIT TO ANY CRIMES FOR WHICH YOU MAY STILL BE PROSECUTED.
3. IF ANYONE IN GA EITHER OFFERS OR ASK YOU FOR MONEY, DO THE FOLLOWING: REFUSE THE PERSON AND NOTIFY THE SECRETARY OR A TRUSTED SERVANT.
4. BANKRUPTCY IS **NOT** THE WAY TO ELIMINATE GAMBLING DEBTS! A PRESSURE RELIEF MEETING WILL SHOW YOU HOW TO PAY OFF DEBTS THE GA WAY—ASK FOR ONE.
5. IF ANY MEMBER HAS A DESIRE TO TALK, PLEASE RAISE YOUR HAND AND YOU WILL BE CALLED UPON BY THE CHAIRPERSON AS SOON AS POSSIBLE.
6. MAKE AN EFFORT TO MAKE SUGGESTIONS BASED ON **YOUR OWN EXPERIENCE**, RATHER THAN STATE OPINIONS OR MAKE JUDGEMENTS.
7. GA MEETINGS ARE **NOT** HELD FOR THE PURPOSE OF LEARNING TO **CONTROL** GAMBLING, THEY **ARE** HELD FOR THE PURPOSE OF LEARNING TO **STOP** GAMBLING.
8. PLEASE REFRAIN FROM THE USE OF CELLULAR PHONES, PAGERS AND BEEPERS INSIDE THE GA ROOM.

PROGRAM THE HOTLINE NUMBER INTO YOUR CELL PHONE **-855-222-5542**. THIS IS A NUMBER YOU CAN CALL 24 HOURS A DAY.
9. DAY.
10. READ THE YELLOW BOOK OFTEN IT IS A GREAT REMINDER THAT WE ARE COMPULSIVE GAMBLERS.